



The Glass Recreation Center opened to the citizens of Tyler in Spring 2001 and has proven to be one of the most popular recreation spots in town. The Center is a multi-use facility, with locker rooms and showers, a weight room, two multi-purpose rooms, arts and crafts room, kitchen facilities, basketball/volleyball courts in the gymnasium, walking/jogging track, computer lab and administrative offices. The multi-purpose rooms are available for rental for events such as seminars, weddings, reunions and business meetings.

The weight room, available to those 16 and older, features cardio equipment that includes treadmills, recumbent bike, and elliptical glider. There are also free weights, squat rack and squat bench, with other equipment for leg extensions, leg presses, leg curls, lat pull downs, bicep and abdomen curls, and lower back extension. All of the equipment featured is designed for bodybuilding, muscle toning, and improving cardiovascular efficiency.

A number of fitness classes are currently in place at the recreation center, with more to be introduced throughout the year. They include Step Aerobics, Zumba, Pickle Ball, Co-Ed Volleyball, Team Addiction Group Fitness, Karate classes and Conversational Spanish classes. Summer programs include Glass Rec Summer Day Camp, arts and crafts, and other special activities for children; such as After School Program, Basketball Camp. New to the Glass Recreation Center, Outdoor Adventure Programs. For more information about any of our exciting programs please call (903) 595-7271.

Memberships cost \$30 per year for adult residence, \$50 for non residence and \$10 a year for children. Day passes are also available. Please click here to print a membership application ([PDF File](#)). Rental rates are \$30 to \$350 for the multi-purpose rooms; \$50 per hour (max of 4 hrs. rental) or \$300 for up to 9 hours and \$50 per hour there after for the gym. There is a \$150 to \$500 deposit. Please call us for more information.